

Material Safety Data Sheet

May be used to comply with
 OSHA's Hazard Communication Standard,
 29 CFR 1910.1200. Standard must be
 consulted for specific requirements.

U.S. Department of Labor

Occupational Safety and Health Administration
 (Non-Mandatory Form)
 Form Approved
 OMB No. 1218-0072



IDENTITY (As Used on Label and List)
 Hot & Kold Kompres (Reusable) Note: Blank spaces are not permitted. If any item is not applicable, or no information is available, the space must be marked to indicate that.

Section I

Manufacturer's Name Physicians & Nurses Mfg. Corp.	Emergency Telephone Number 1-800-777-4116
Address (Number, Street, City, State, and ZIP Code) P.O. Box 644	Telephone Number for Information 1-415-330-9930
Brisbane, CA 94005	Date Prepared 01-09-96
	Signature of Preparer (optional) <i>Amelia Hogan 1/9/96</i>

Section II — Hazardous Ingredients/Identity Information

Hazardous Components (Specific Chemical Identity; Common Name(s))	OSHA PEL	ACGIH TLV	Other Limits Recommended	% (optional)
Chemical Name: Water, Table Salt (Major ingredient approx. 96% of content)				
Cellulose (HEC QB 5200)				
Blue Coloring Dye (Food Grade)				

50662

DOT Class not regulated

Section III — Physical/Chemical Characteristics

Boiling Point	N/A	Specific Gravity (H ₂ O = 1)	1.14
Vapor Pressure (mm Hg.)	N/A	Melting Point	Decompose
Vapor Density (AIR = 1)	N/A	Evaporation Rate (Butyl Acetate = 1)	N/A
Solubility in Water			
Appearance and Odor Clear blue gel/odorless			

Section IV — Fire and Explosion Hazard Data

Flash Point (Method Used)	N/A	Flammable Limits	N/A	LEL	UEL
Extinguishing Media Any available medium					
Special Fire Fighting Procedures N/A					

Unusual Fire and Explosion Hazards
 becomes slippery when wet, keep away from heat, sparks and open flame.

Section V — Reactivity Data

Stability	Unstable		Conditions to Avoid
	Stable	X	NONE

Incompatibility (Materials to Avoid) NONE

Hazardous Decomposition or Byproducts

Hazardous Polymerization	May Occur		Conditions to Avoid
	Will Not Occur	X	NONE

Section VI — Health Hazard Data

Route(s) of Entry: Inhalation? Skin? Ingestion?

Health Hazards (Acute and Chronic) MINIMIZE DIRECT CONTACT WITH EYES, SKIN, OR CLOTHING. USE COVER OR TOWEL BETWEEN PACKS AND SKIN.

Carcinogenicity: NTP? NO IARC Monographs? OSHA Regulated? NO

Signs and Symptoms of Exposure N/A. ORAL INGESTION MAY CAUSE NAUSEA OR DIARRHEA. INDUCE VOMITING OR USE WATER TO WASH EXPOSED AREA

Medical Conditions Generally Aggravated by Exposure N/A

Emergency and First Aid Procedures WASH AREA WITH WATER IF IRRITATION DEVELOPS. CONSULT A PHYSICIAN.

Section VII — Precautions for Safe Handling and Use

Steps to Be Taken in Case Material is Released or Spilled
NORMAL CLEAN UP DISCARD KOLD PACK IF PUNCTURED OR LEAKING.

Waste Disposal Method: BURY IN AN APPROVED SANITARY LAND FILL IN ACCORDANCE WITH FEDERAL, STATE, AND LOCAL REGULATIONS.

Precautions to Be Taken in Handling and Storing
STORE IN A COOL DRY AREA
Other Precautions TO PREVENT FROSTBITE ALWAYS APPLY AN ELASTIC WRAP BETWEEN SKIN AND KOLD PACK. DO NOT USE IF FROZEN SOLID DO NOT STORE BELOW 0 F. THE GEL IS NOT INTENDED FOR INGESTION.

Section VIII — Control Measures

Respiratory Protection (Specify Type)

Ventilation	Local Exhaust	Special	N/A
	Mechanical (General)	Other	N/A

Protective Gloves Eye Protection

Other Protective Clothing or Equipment N/A

Work/Hygenic Practices N/A